Aquatic Safety Qualification
INFORMATION PACK

Institute for **Outdoor Learning**
Accredited Course

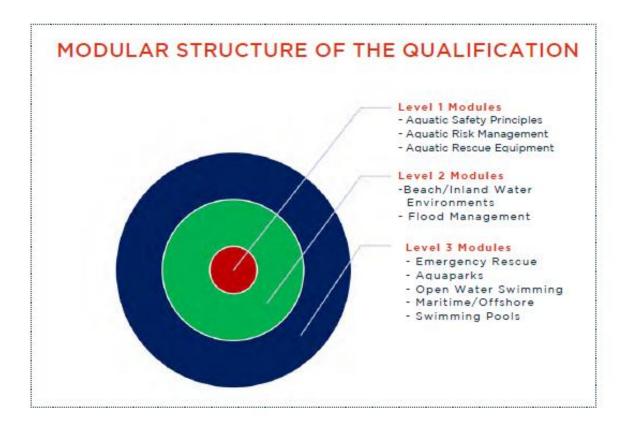**ERS** SPECIALIST MEDICAL RESCUE

The vocational qualification, **ASQ**, is structured to comply with the requirements of industry and support organisations to meet their statutory obligations. The flexible programme can be tailored to meet specific industry needs.

MODULAR STRUCTURE OF THE QUALIFICATION

Level 1 Modules
- Aquatic Safety Principles
- Aquatic Risk Management
- Aquatic Rescue Equipment

Level 2 Modules
- Beach/Inland Water Environments
- Flood Management

Level 3 Modules
- Emergency Rescue
- Aquaparks
- Open Water Swimming
- Maritime/Offshore
- Swimming Pools

How long does it take to complete the ASQ?

This depends on the selection of levels and modules required. To progress through to Level 3, the candidate must complete Level 1 Aquatic Safety Principles and at least one Level 2 module. The Emergency Response module is the foundation for Level 3 and must be taken in addition to any of the more specific Level 3 modules.

- **Level 1** Modules take 4 hrs
- **Level 2** Modules take 3 hrs
- **Level 3** Emergency Response takes 4 hrs

Additional Level 3 modules take 3 hrs each.

LEVEL 1

The Level 1 core module, Aquatic Safety Principles, provides the underpinning knowledge for good water safety management practices and primary emergency rescue skills. Additional Level 1 modules include Aquatic Risk Management and Aquatic Rescue Equipment, which includes personal floatation devices, personal protective and rescue equipment. Level 1 is aimed at both lone workers and Activity group leaders operating around the water margins. Candidates will not enter the water at this level.

LEARNING OUTCOMES:

- Understand the drowning process and risk factors for drowning
- Identify open water hazards
- Understand key legal requirements and duty of care
- Apply risk management principles
- Explain primary management procedures and emergency action plans
- Explain the Principles of Rescue
- Demonstrate practical land-based rescue skills

Who is it for?

- Teacher's taking a school group around the water margins on a geography trip
- Dock workers operating around the lock gates
- Rangers managing country parks with water environments
- Security staff working around water

Park Rangers Rescue Training

Outdoor Education Providers, Planning

ERS SPECIALIST MEDICAL RESCUE

training@rescue-solutions.co.uk - 01495249808

LEVEL 2

Comprises a suite of modules that build on the foundations developed in Level 1. The modules focus upon environmental knowledge, activity hazards and the use of specialist equipment. Level 2 modules provide the opportunity to engage in low level water based rescues.

The modules are:

- **Beach** management of beach environment hazards
- **Inland Waters** management of both moving and still water hazards
- **Flood Management** meets the DEFRA Water Safety Module 1 standard

LEARNING OUTCOMES:

1. Identify, assess and manage Open Water risks
2. Explain Open Water safety management practices
3. Develop skills to make informed water safety decisions when operating around the water margins
4. Demonstrate practical water-based rescue techniques

Who is it for?

- Construction, rail and civil engineers and ground staff
- Local Authority Officers supporting flood rescue operations
- Rangers running a rock pooling or pond dipping exercise
- Outdoor education providers and expedition leaders operating near water
- Environmental scientists
- Health and safety officers who come into contact with water environments

Outdoor Activity Leaders, Managing Water Activities

Lifeguard Demonstrating Reaching Rescue

ERS SPECIALIST MEDICAL RESCUE

training@rescue-solutions.co.uk   -   01495249808

A series of high-level deep-water rescue modules that equips workers and leaders with supervision and in-water rescue skills, to be able to risk assess the environment and perform emergency water rescue intervention.

The modules are:

- **Deep Water Rescue** emergency deep water rescue
- **Aquaparks** supervising aquaparks
- **Maritime/Offshore Management** training of water safety staff
- **Open Water Swimming** supervising organised open water swim sessions
- **Pool Supervision** supervising organised activities in a swimming pool

Who is it for?

- Civil Engineers working on bridge structures
- Canal operators
- Expedition leaders
- Water activity supervisors and practioners
- Maritime/Offshore training centres

Open Water Spinal Extraction

Lifeguards Performing Board Rescue